



# Petition for Healthy Food in Health Care

The “Healthy Food in Health Care Pledge” outlines steps the health care sector can take to improve the health of patients, residents in care facilities, communities, and the environment. The pledge below is based on one adopted by hundreds of hospitals in North America. It has been modified to reflect community input given at Powell River Voices events about the food served at local health facilities.

**PLEASE SIGN THE PETITION in the space below asking the Vancouver Coastal Health Authority to take the “Healthy Food in Health Care” pledge and report annually on steps they have taken to implement it.**

*“We, the Health Authority responsible for the food served at Powell River General Hospital, Willingdon Creek Village, and Evergreen Extended Care pledge to:*

- *Increase offerings of fresh fruit and vegetables, nutritionally dense and minimally processed, unrefined foods and to reduce unhealthy fats and sweetened foods.*
- *Work with BC farmers and food suppliers to increase servings of BC-produced food.*
- *Minimize food waste, with more attention paid to appropriate serving sizes.*
- *Encourage purchasing of food produced without the use of toxic pesticides, hormones and non-therapeutic antibiotics.*
- *Provide a positive model to the community by serving nutritious and sustainable food.*
- *Commit to food preparation done on a non-profit basis to ensure the priority is to improve the quality of food served rather than increase corporate profits. Maximize in-house preparation of food.”*

## PLEASE SIGN THE PETITION

First Name	Last Name	Address
Email	Phone #	Signature
First Name	Last Name	Address
Email	Phone #	Signature